



January 2018

Monday January 1 st	Closed for New Year
Tuesday January 2 nd	Chili w/beans, fruit, grilled cheese sandwich
Wednesday January 3 rd	Chicken tetrazzini, Italian blend vegetables
Thursday January 4 th	Baked chicken, winter vegetables, rice
Friday January 5 th	Baked or fried fish, mashed potatoes, green peas
Monday January 8 th	Beef stew w/carrots and potatoes
Tuesday January 9 th	Bacon, sausage, eggs, grits, baked apple slices, & biscuits
Wednesday January 10 th	Macaroni & cheese, fried okra, blackeye peas, greens
Thursday January 11 th	Cabbage, roasted potatoes, fruit
Friday January 12 th	Chicken spectacular, fruit, roll
Monday January 15 th	Closed for Martin Luther King Jr Day
Tuesday January 16 th	Beef stroganoff, sliced carrots, green peas
Wednesday January 17 th	Pork chop, blackeye peas, fried okra
Thursday January 18 th	Chicken & dumplings, tossed salad, fruit
Friday January 19 th	Salmon croquettes, rice, vegetable blend
Monday January 22 nd	Spaghetti w/meat sauce, salad, corn on the cob
Tuesday January 23 rd	Cube steak, steamed cabbage, lima beans
Wednesday January 24 th	Baked ham, yams, collard greens, pinto beans
Thursday January 25 th	Shepherd's pie, fruit, salad
Friday January 26 th	Baked chicken, butterbeans, baby carrots
Monday January 29 th	Beef patty w/gravy, mashed potatoes, green peas
Tuesday January 30 th	Jambalaya, fried okra, blackeye peas
Wednesday January 31 st	Chicken noodle soup, salad, fruit

At East Lake United Methodist Church
Open Monday - Friday
11 a.m. - 1 p.m.

\$7.00 meals include drink and dessert