



## February 2018

Thursday February 1 <sup>st</sup>	Beef stroganoff, sliced carrots, green beans
Friday February 2 <sup>nd</sup>	Chicken casserole, salad, fruit
Monday February 5 <sup>th</sup>	Chicken & rice, winter vegetables, fruit
Tuesday February 6 <sup>th</sup>	Meatloaf, mashed potatoes, roasted zucchini
Wednesday February 7 <sup>th</sup>	Pork chop, black eye peas, fried okra
Thursday February 8 <sup>th</sup>	Chicken tetrazzini, Italian vegetables, fruit
Friday February 9 <sup>th</sup>	Taco salad, kernel corn, tortilla chips, fruit
Monday February 12 <sup>th</sup>	Meatballs, lima beans, squash w/onions
Tuesday February 13 <sup>th</sup>	Bacon sausage, pancakes, baked apple slices, grits
Wednesday February 14 <sup>th</sup>	Macaroni & cheese, ham, collard greens, pinto beans
Thursday February 15 <sup>th</sup>	Shepherd's pie, salad, fruit
Friday February 16 <sup>th</sup>	Pork roast, cole slaw, butterbeans
Monday February 19 <sup>th</sup>	Spaghetti w/meat sauce, salad, fruit
Tuesday February 20 <sup>th</sup>	Salmon croquettes, mashed potatoes, vegetables
Wednesday February 21 <sup>st</sup>	Beef trips w/rice, green beans, and fruit
Thursday February 22 <sup>nd</sup>	Chicken tenders, green peas, rice pilaf
Friday February 23 <sup>rd</sup>	Baked or fried fish, cole slaw, French fries
Monday February 26 <sup>th</sup>	Red beans & rice w/sausage, fried okra
Tuesday February 27 <sup>th</sup>	Meatloaf, mashed potatoes, green beans
Wednesday February 28 <sup>th</sup>	Baked chicken, sweet potato casserole, collard greens

East Lake United Methodist Church  
 Open Monday – Friday  
 11 a.m. – 1 p.m.  
 \$7.00 meals include drink & dessert